WMA 2022 COMPETITION - MEN

(Number indicates the event date 29-30 June, 1-10 July 2022)

EVENT	ROUND	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85	M90+
100m	Heats	29	29	29	29	29	29	29	29	29	29	29	29
	Semi-finals	30	30	30	30	30	30	30	30	30	30	30	30
	Finals	30	30	30	30	30	30	30	30	30	30	30	30
200m	Heats	2	2	2	2	2	2	2	2	2	2	2	2
	Semi-finals	3	3	3	3	3	3	3	3	3	3	3	3
	Finals	3	3	3	3	3	3	3	3	3	3	3	3
400m	Heats	5	5	5	5	5	5	5	5	5	5	5	5
	Semi-finals	6	6	6	6	6	6	6	6	6	6	6	6
	Finals	8	8	8	8	8	8	8	8	8	8	8	8
800m	Heats	29	29	29	29	29	29	29	29	29	29	29	29
	Semi-finals	30	30	30	30	30	30	30	30	30	30	30	30
	Finals	1	1	1	1	1	1	1	1	1	1	1	1
1,500m	Heats	5	5	5	5	5	5	5	5	5	5	5	5
	Finals	7	7	7	7	7	7	7	7	7	7	7	7
5,000m	Timed-Finals	2	2	2	2	2	2	2	3	3	3	3	3
Short Hurdles (80m/100m/110m)	Heats	6	6	6	6	6	6	6	6	6	6	6	6
	Semi-finals	8	8	8	8	8	8	8	8	8	8	8	8
	Finals	9	9	9	9	9	9	9	9	9	9	9	9
Long Hurdles (200m/300m/400m)	Heats	1	1	1	1	1	1	1	1	1	1	1	1
	Semi-finals	1	1	1	1	1	1	1	1	1	1	1	1
	Finals	5	5	5	5	5	5	5	5	5	5	5	5
Steeplechase	Timed-Finals	9	9	9	9	9	8	8	8	8	8	8	8
4x100m Relay	Timed-Finals	9	9	9	9	9	9	9	9	9	9	9	9
4x400m Relay	Timed-Finals	10	10	10	10	10	10	10	10	10	10	10	10
5,000m Race Walk	Timed-Finals	30	30	30	30	30	1	1	1	1	1	1	1
High Jump	Finals	3	3	3	3	3	5	5	5	5	5	5	5
Pole Vault	Finals	5	5	5	5	5	6	6	6	6	6	6	6
Long Jump	Finals	6	6	6	6	6	2	2	2	2	2	2	2
Triple Jump	Finals	8	8	8	9	9	10	10	7	7	7	7	7
Shot Put	Finals	29	29	29	29	29	1	1	1	1	1	1	1
Discus	Finals	3	3	3	6	6	7	7	7	8	8	8	8
Javelin	Finals	5	5	5	7	7	8	8	8	9	9	9	9
Hammer	Finals	30	30	30	30	30	30	30	30	30	30	30	30
Weight Throw	Finals	2	2	2	2	2	2	2	2	2	2	2	2
Decathlon	Finals	1/2	1/2	1/2	1/2	1/2	29/30	29/30	29/30	29/30	29/30	29/30	29/30
Throws Pentathlon	Finals	7	7	7	8	8	9	9	9	10	10	10	10
10km Road Run	Finals	8	8	8	8	8	8	8	8	8	8	8	8
Half Marathon	Finals	10	10	10	10	10	10	10	10	10	10	10	10
10km Road Walk	Finals	3	3	3	3	3	3	3	3	3	3	3	3
20km Road Walk	Finals	6	6	6	6	6	6	6	6	6	6	6	6
Cross Country	Finals	30	30	30	30	30	30	30	30	30	30	30	30